

INFORMED CONSENT, WAIVER AND RELEASE OF LIABILITY

(All Information is Strictly Confidential)

In consideration of entry into coaching/training with Michael Reid and WinnipegKettlebells.ca:

I _____ (please print name), intend to be legally bound and do hereby agree to be legally bound for myself and for all successors in interest I may have, by this Contract, Waiver and Release of Liability, and hereby agree to hold harmless and indemnify Michael Reid and WinnipegKettlebells.ca as well as all officers, members, employees, assistants, volunteers, assigns, or agents of any type whatsoever acting on or in behalf of the aforementioned entities and persons, against any claims for damages or other claims for injuries or losses of any kind suffered by me or any others, directly or indirectly, arising out of any practice, instructions, or other activity related to this program as well as participation in this program or travelling to for from this program or any other activity related to this program.

I understand that the activities, exercises and training methods to be taught may not be appropriate for all people and may, in some cases, cause injury or aggravate existing injuries. I certify that I am physically able to participate in this activity and will further hold Michael Reid and WinnipegKettlebells.ca as well as any all officers, members, employees, assistants, volunteers, assigns, or agents of any type whatsoever acting on or in behalf of the aforementioned entities and persons, harmless for any injury sustained in the course of this training due to any physical defect or condition that I may have, whether now known or hereinafter discovered.

I further acknowledge that in consideration for this training, this release shall not expire and shall be considered effective in perpetuity.

I also understand that all exercises, training methods and concepts are to be used at my own risk and that the aforementioned trainers and entities assume no responsibility for my actions. I acknowledge if I am uncomfortable with any activity, exercise or training program within the course that I may immediately state so, and that it is my right and responsibility to remove myself from the situation immediately and that I am encouraged to do so.

I also allow WinnipegKettlebells.ca to use any images of myself for promotional activities on the worldwide-web or in print media via still photographs or videos of myself that are taken in-context of a Kettlebell Training session instructed by WinnipegKettlebells.ca coaches.

I have understood all that is expressed in this waiver and release of liability, and I certify that I am of sound judgement, legally competent to agree to this waiver.

Additionally, I certify that I am ____ / am not ____ / (check one) eighteen years of age or older, or a legally emancipated adult.

Participant's Signature _____ Date _____

Signature of Parent (If under 18 years of age) _____

Witness _____

Contact Information

entry date: _____

Name: _____ Birth date: ____/____/____ (D/M/Y)

Telephone: _____ e-mail: _____

Who may we contact in-case of an emergency?

Name: _____

Telephone: _____ e-mail: _____

Relationship to you: _____
(e.g. Mother, wife, boyfriend, sibling ...)

Name: _____

Telephone: _____ e-mail: _____

Relationship to you: _____
(e.g. Mother, wife, boyfriend, sibling ...)

Name: _____

Telephone: _____ e-mail: _____

Relationship to you: _____
(e.g. Mother, wife, boyfriend, sibling ...)